

To speed up your CalFresh (Food Stamps) application, please read the following information:

Section A: How to Submit a CalFresh Application

You may file an application in person at a Family Resource Center, by mail, by calling 2-1-1, or via the Internet at www.MyBenefitsCalWIN.org.

We cannot issue CalFresh Benefits to you until you give us your name, your address and/or telephone number, and you sign the application. Once the Family Resource Center receives your application, a County representative will contact you to set up a phone interview or if you prefer, you can be interviewed at a Family Resource Center. We will ask you to provide some documents or verification.

If you need assistance or have questions regarding completing the forms, please contact ACCESS at 1-866-262-9881 or you can come in to the Family Resource Center to complete the application.

Included in the application form are examples of documents or verifications which may be needed in order to complete your application. Please provide copies of verifications that apply to your household.

Section B: Completing the CalFresh Application Form

Please follow the instructions below for a successful CalFresh application:

Step 1 Read, complete all questions, and sign the Application for CalFresh benefits.

Step 2 Gather copies of the verifications that apply to your household (examples of verifications are listed on the application.)

Step 3 Use the prepaid envelope provided to return the CalFresh application and verifications. Please write a phone number on the application so we can call you for any additional information needed to finish your application.

Complete and sign the following forms:

- o **CF 285** CalFresh Application Form
- You may complete, sign and return the following forms:
- o **16-64 HHS**A Voter Registration Interest/Declination
 - o Voter Registration Card
 - o **20-46 HHS**A Language Needs Determination

Read and keep the following forms:

- o **CF 23** Applying for CalFresh Benefits, How to Report
- o **PUB 388** EBT Brochure
- o **TEMP 2214** Additional information about EBT
- o **PUB 13** Your Rights Under California Welfare Program
- o **GEN 1365** Notice of Language Services
- o **20-44 HHS**A Civil Rights Information
- o **PUB 275** Family Planning

If you meet the following requirements, you may get CalFresh (Expedited Services) benefits within three days after you turn in your application:

- ◆ Your monthly gross income (income before deductions) is less than \$150 and your cash on hand or in checking or savings accounts is \$100 or less; or
- ◆ Your household's housing costs (rent/mortgage and utilities) are more than your monthly gross income and cash on hand or in checking or savings accounts; or
- ◆ You are a migrant or seasonal farmworker household with less than \$100 in checking or savings and 1) your income stopped, or 2) your income has started but you do not expect to get more than \$25 in the next 10 days.

You need to provide proof of your identity (ID) before CalFresh benefits can be issued. Send a copy of your ID with your application if you are mailing or faxing the forms, or bring your ID along with your application to the Family Resource Center.

If you qualify and are approved for CalFresh Expedited Services, you may use your previous EBT card to access your benefit. Otherwise you need to come in to the office to get your card within 3 days.

To check the status of your application or if you need more information, please contact ACCESS:

- By phone, dial 1-866-262-9881 or TDD (858) 514-6889 or
- Visit our website at <http://www.accessbenefitsSD.com> or
- Ask a question by email at pubassist.HHSA@sdcounty.ca.gov

ACCESS agents are available from 8:00 am to 5:00 pm Monday through Friday