



CalFresh Work Requirements Coming June 2026



What you need to know:

Due to a new federal law, starting June 2026 some CalFresh customers will need to meet work requirements.



You may be affected if you are:

- 18 to 64 years old
- Do not have a child under 14 years old at home
- Physically and mentally able to work



How will I know if these changes affect me?

If you or your family need to meet work requirements, the County of San Diego will contact you.

Scan the QR code:



Need Help?

Call the Access
Customer Service
Call Center:
(866) 262-9881