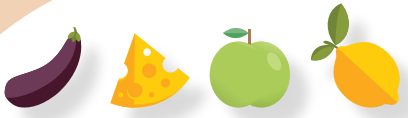
# WAXAAN QOYSKAAGA KA CAAWIN KARNAA IN UU HELO NAFAQO WANAAGSAN



WAXAAD XAQ U YEELLAN KARTAA **CALFRESH** HADDII: AAD LEEDAHAY DAKHLI GO'AN AMA HOOSEEYA.

| Haddii ay qoyskaagu dad badani ka tirsan yihiin, OO ADIGA NAFTAADA AAD KA MID TAHAY: | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|---|
| Waxaa laga yaabaa in aad hesho CalFresh haddii dakhligaaga guud ee bilaha ah uu ka yar yahay: | $2,660 | $3,608 | $4,554 | $5,500 | $6,448 | $7,391 | $8,340 |

**SIDA LOO CODSADO:**

Ka wac telefoonkan bilaashka ah: **2-1-1**

Barta internet-ka **BenefitsCal.com**

BenefitsCal

Si aad u hesho tallaabooyinka caafimaadqabkaaga, booqo **EatFresh.org**

COUNTY OF SAN DIEGO Health and Human Services Agency

LIVE WELL SAN DIEGO

CalFresh FOOD