



Need help navigating CalFresh Work Requirements?

Browse and connect with job training,
volunteer, work resources and more.

Visit the
Work*Ready***Hub**

Call **2-1-1**
or scan the
QR code



211sandiego.org/work

Questions?



The County will help you know if
work requirements apply to you. If
you have eligibility questions, call
the Access Customer Service Call
Center at **866-262-9881** or visit your
local **Family Resource Center**.



Who needs to meet work requirements?

Some adults (age 18–64) unless you meet an exemption.

What are work requirements?

Complete 20 hours per week, or 80 hours per month of one or a mix of the following:

- Work
- Education
- Volunteer
- Training

You may be exempt



Your situation is unique. Call 866–262–9881 or visit your local Family Resource Center.