LIVE WELL SAN DIEGO
YOUTH SECTOR
The Youth Sector was added to *Live Well San Diego* in 2020 to:

- Amplify youth voices throughout San Diego County
- Create youth-led opportunities for young people to actively participate in their local government
- Support young people to be at the forefront of addressing issues affecting diverse youth across the region
- Inform the development of youth-serving programs for the County of San Diego.

**Goals**

**Collaborate and Cross-Thread**
Serve as a platform for collaboration and cross-threading for programs that engage youth in San Diego County.

**Engage Young Leaders**
Engage diverse youth and provide a mechanism for youth voice throughout County programs and services.

**Outcomes**

**Empower and Engage**
Empower an essential part of our region’s population to engage with their local government and address issues affecting youth and young adults.

**Collaborate and Connect**
Connect youth with each other, with resources, and with opportunities to support their leadership and professional development.

**Develop our Workforce**
Develop and inspire the future of the County workforce and the young leaders of our region.
YOUTH ENGAGEMENT FRAMEWORK

- Outreach and Recruitment
- Leadership and Professional Development
- Mentorship and Internship
- Engagement on Boards and Commissions
- Communications
Engagement on Boards and Commissions

Integrating Youth into Boards and Commissions

1. Improve decision making by incorporating youth voice and perspective.
2. Support youth-adult collaboration to foster meaningful youth participation.
3. Mentor the next generation of local leaders and future County workforce.

Youth attending meetings starting July

Youth Support
Special trainings and support in communicating with Boards and Commission members
Engagement on Boards and Commissions

Youth as Valued Members
Youth perspective is being integrated.

Youth-focused Modifications
Access youth needs and adapt

Active Guidance
Provide youth members with additional support

Mentor and Support
Connect board members with youth to learn
Engagement on Boards and Commissions

Expectations for Boards with Youth Planning to Attend Meetings

- Assign youth to a Board Member for briefing
- Coach youth in participation and decision-making
- Create spaces for youth to collaborate and discuss
Engagement on Boards and Commissions

Meeting with Boards and Commissions
• Discuss their goals for youth engagement
• What support they need to

Various models of youth participation:
• Full voting member
• Sub-committee member
• Public comment
Thank you!

Sign Up for Our Eblast Via Interest Form
- LiveWellYouth@sdcounty.ca.gov
- LiveWellSD.org/Youth
- Instagram: livewell_sd
- TikTok: livewell_sandiego

Questions?