



**LIVE WELL  
SAN DIEGO**

***LIVE WELL SAN DIEGO***  
**YOUTH SECTOR**

---

---



The Youth Sector was added to *Live Well San Diego* in 2020 to:

- Amplify youth voices throughout San Diego County
- Create youth-led opportunities for young people to actively participate in their local government
- Support young people to be at the forefront of addressing issues affecting diverse youth across the region
- Inform the development of youth-serving programs for the County of San Diego.

## Goals

### **Collaborate and Cross-Thread**

Serve as a platform for collaboration and cross-threading for programs that engage youth in San Diego County.

### **Engage Young Leaders**

Engage diverse youth and provide a mechanism for youth voice throughout County programs and services.

## Outcomes

### **Empower and Engage**

Empower an essential part of our region's population to engage with their local government and address issues affecting youth and young adults.

### **Collaborate and Connect**

Connect youth with each other, with resources, and with opportunities to support their leadership and professional development.

### **Develop our Workforce**

Develop and inspire the future of the County workforce and the young leaders of our region.

# YOUTH ENGAGEMENT FRAMEWORK

**Outreach and Recruitment**

**Leadership and Professional Development**

**Mentorship and Internship**

**Engagement on Boards and Commissions**

**Communications**

# Engagement on Boards and Commissions

## Integrating Youth into Boards and Commissions

1. Improve decision making by incorporating youth voice and perspective.
2. Support youth-adult collaboration to foster meaningful youth participation.
3. Mentor the next generation of local leaders and future County workforce.

**Youth attending meetings starting July**

**Youth Support**  
Special trainings and support in communicating with Boards and Commission members

# Engagement on Boards and Commissions

## Youth as Valued Members

Youth perspective is being integrated.

## Youth-focused Modifications

Access youth needs and adapt

## Active Guidance

Provide youth members with additional support

## Mentor and Support

Connect board members with youth to learn

# Engagement on Boards and Commissions

**Expectations for  
Boards with  
Youth Planning to  
Attend Meetings**

**Assign youth to a Board  
Member for briefing**

**Coach youth in  
participation and decision-  
making**

**Create spaces for youth to  
collaborate and discuss**

# Engagement on Boards and Commissions



## Meeting with Boards and Commissions

- Discuss their goals for youth engagement
- What support they need to

## Various models of youth participation:

- Full voting member
- Sub-committee member
- Public comment



# Thank you!

Sign Up for Our Eblast Via [Interest Form](#)

- [LiveWellYouth@sdcounty.ca.gov](mailto:LiveWellYouth@sdcounty.ca.gov)
- [LiveWellSD.org/Youth](https://LiveWellSD.org/Youth)
- Instagram: [livewell\\_sd](#)
- TikTok: [livewell\\_sandiego](#)

---

## Questions?



LIVE WELL  
SAN DIEGO