County of San Diego HHSA home page:
Self-Sufficiency Programs

Self Sufficiency is the branch of the Health and Human Services Agency that provides social welfare services to citizens in need. These services include, but are not limited to: cash, food assistance, employment services and medical needs. There are a variety of programs available for persons both with and without minor children.

The service areas and services for this program are listed below. Click on any icon for more information.

Access Customer Service Center
The Access Customer Service Call Center is an extension of the County of San Diego Family Resource Centers (FRCs). Access customer service representatives are experienced eligibility workers who are trained in CalWORKs, CalFresh, and Medi-Cal programs.

CalFresh
CalFresh is also known as the federal Supplemental Nutrition Assistance Program (SNAP). CalFresh is a program for low-income families and individuals that meet certain income guidelines. CalFresh benefits help supplement your food budget and allow families and individuals to buy nutritious food.

CalWORKs
CalWORKs provides temporary cash assistance to eligible families with minor children and assists them gain self-sufficiency through employment services.
Public Charge information on San Diego County HHSA website:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ssp/resources.html
Refugees, Immigrants and Asylees

We provide financial, food, and healthcare assistance, employment and training, and other culturally sensitive supportive services and referrals.

Cash Assistance Program for Immigrants
Financial assistance for aged, blind, and disabled non-citizens

Learn more

Immigrant Relations
Provides education and resources that help local governments, community partners, and other entities understand the issues, needs, and contributions of immigrants.

Learn more

Refugee Cash Assistance
Financial Assistance for newly-arrived refugees without dependent children

Learn more

Immigrant Relations
Provides education and resources that help local governments, community partners, and other entities understand the issues, needs, and contributions of immigrants.

Public Charge
Our Agency is notified when you know that President Biden has taken action to end the Trump public charge policy. It means that immigrants and their families can use the health, nutrition, and housing programs to which they are legally entitled without fear of confusion.

Specifics:
- Use of Medicaid, CalFresh, public housing, and Section 8 voucher rental assistance until 1/1/2021, if considered when applying for legal permanent residency or entry into the United States.
- Medical treatment, testing, or preventive services for COVID-19, including vaccines, will not be considered for public charge purposes.
- The only programs considered when applying for legal permanent residency or entry into the United States are:
Welcome to SFHSA.org

The San Francisco Human Services Agency is your home for help with food, health insurance, supportive care, financial assistance, child care, and more.

Welcome to SFHSA.org

News from SFHSA

Federal pandemic unemployment benefits ended on September 4
If you no longer get this benefit, you may be eligible for programs offering cash, job, food, and health care assistance.

SEE PROGRAMS & APPLY

Mask requirements & vaccination updates
Masks are required for indoor public places, including SFHSA Service Centers, regardless of a person's vaccination status. SFHSA's vaccination clinics are free and open to the public. Drop by.

Learn More

Get financial assistance & free legal aid
Take advantage of the benefits offered by rental assistance, child tax credit, eviction prevention, and job assistance programs.

Learn More
New federal laws enable immigrant families to seek COVID-related health care.

Testing, prevention, or treatment for COVID-19 are available to everyone, regardless of immigration status. COVID-related medical attention will NOT be used against immigrants in a public charge test. LEARN MORE.

Changes to Public Charge

Very few people will be affected by the changes to public charge rules. Stay informed and learn how to keep getting the assistance you need now.

LEARN MORE

HSA Benefits for Immigrants

Find out about all types HSA offers to eligible immigrant families.

LEARN MORE

Benefits for Immigrants Due to COVID-19

Cash, food, and health care assistance are available for free to immigrants who don’t qualify for other government disaster relief.

LEARN MORE

Free Legal and Citizenship Services

Find community organizations that provide free immigration legal support and help applying for citizenship.

LEARN MORE
Questions

• What, if any, actions are being taken by the newly formed Office of Immigrant and Refugee Affairs related to Public Charge, and can we partner?
  • Simplifying language (“Self-Sufficiency” is not known very well)
  • Easier to navigate to find information on website
  • Positive messages/imagery to invite community residents to services
  • Translate into languages so the information is accurate

• How can we best support eligibility specialists in better understanding public charge rule changes and effectively communicating with the community?
  • Ensuring consistent message/information on Public Charge at all levels