



# Benefits Resources

## Getting the Most Out of Your Benefits



### Resource Links

[InSite - Employee Benefits Division](#)

[Employee Benefits](#)

### UnitedHealthcare

- [VEBA Resource Center](#)
- [VEBA Advocacy](#)
- [One Pass Fitness](#)

### Kaiser Permanente

- [KP Health Extras](#)
- [Positive Choice Integrative Wellness Center](#)
- [Self-Care Apps](#)

### Spending & Savings Accounts

- [FSA Store Cardless Pay Feature](#)
- [Dependent Care Automatic Claim Request Form](#)
- [Invest your HSA Funds](#)

### Other Resources

- [Waiving County Medical FAQ](#)
- [Short-Term Disability with Paid Family Leave](#)
- [Critical Illness Wellness Benefit](#)
- [MetLife Plan Resources](#)