



Benefits Resources

“Getting the Most Out of Your Benefits”



RESOURCE LINKS

[InSite – Employee Benefits Division \(sharepoint.com\)](#)

[Employee Benefits \(sandiegocounty.gov\)](#)

UnitedHealthcare

- [VEBA Resource Center](#)
- [VEBA Advocacy](#)
- [One Pass Fitness](#)
- [UHC & Peloton](#)
- [UHC & Apple Fitness+](#)

Kaiser Permanente

- [KP Healthy Extras](#)
- [Positive Choice Integrative Wellness Center](#)
- [Self-Care Apps](#)

Spending & Savings Accounts

- [FSA Store Cardless Pay Feature](#)
- [Dependent Care Automatic Claim Request Form](#)
- [Invest your HSA Funds](#)

Other Resources

- [Waiving County Medical FAQ](#)
- [Short-Term Disability with Paid Family Leave](#)
- [Critical Illness Wellness Benefit](#)
- [MetLife Plan Resources](#)