

# Video appointments

## Now available



### Get care from your doctor for yourself or your child wherever you are

If it doesn't require an in-person medical exam, you may be able to talk with a physician by video.

#### Some examples of possible symptoms:

- Cough/Cold
- Sore Throat
- Vomiting
- Eye Problem
- Diarrhea
- Skin Problem
- Follow up Visits

#### When you call us, we will:

- Confirm you've had at least one face-to-face visit with us
- Make sure you have a symptom that can be treated via video visit
- Make sure you have a smart phone or tablet with a front facing camera and the Kaiser Permanente Mobile Application

### Stay On Top Of Your Health

- Register at [kp.org](http://kp.org) and set a username and password
- Download the KP Mobile App to your smartphone at no cost from your preferred app site



#### How do I schedule an appointment?

Call 1-800-290-5000 or 711 (TTY), Monday through Friday, from 7 a.m. to 7 p.m. or Saturday from 7 a.m. to 12 p.m. An advice nurse will help determine if a video or telephone appointment is right for your child's condition.

\*Video appointments are not appropriate for emergency conditions, such as severe shortness of breath, severe abdominal pain, severe bleeding, or urgent conditions—like sprains, falls, or cuts needing stitches.