

# BUILDING BETTER HEALTH



County of San Diego



# PURPOSE



**3**

**BEHAVIORS**

**TOBACCO USE  
POOR DIET  
NO EXERCISE**

**FOUR**

**DISEASES**

**HEART DISEASE  
TYPE 2 DIABETES  
LUNG DISEASE  
CANCER**

**OVER 50**

**PERCENT**

**DEATHS**

# PURPOSE



# BETTER SYSTEM





# HEALTHY CHOICES

# **POLICY & ENVIRONMENTAL CHANGE**



# CULTURE CHANGE





# EVALUATION



**NEXT STEPS**



# THE RIGHT CARE TO THE RIGHT PEOPLE FOR THE RIGHT RESULTS

