
YTC Gymnasium and Weight Room

1302.1 PROCEDURE

This procedure outlines the rules of conduct for youths to follow while using the gymnasium and weight room and the officer's role in ensuring all rules are enforced and followed.

1302.1.1 HOURS OF OPERATION

The hours of operation of the gymnasium and weight room will be determined by the facility Division Chief or their designee.

1302.1.2 AVAILABILITY

Normal use of the gymnasium and weight room shall be reserved by contacting Central Control.

1302.1.3 GUIDELINES FOR USE OF THE GYMNASIUM AND WEIGHT ROOM

Youth must be supervised at all times by officers who will be responsible in ensuring that all rules are followed and enforced. Rules include but are not limited to:

- (a) Officers shall check the gymnasium and weight room for any presence of contraband prior to use
- (b) All equipment must be used properly and in accordance with the instructions posted
- (c) Please report any damaged equipment to a supervisor
- (d) Wear appropriate gear (shorts, socks, shirts, etc.)
- (e) Use all equipment properly. All weight room equipment must be wiped down after every use by the youth
- (f) Hanging from the basketball goals is not allowed
- (g) Dunking in the gymnasium is discouraged
- (h) Climbing the steel beam stanchions in the weight room is not allowed
- (i) Appropriate non-marking athletic shoes must be worn
- (j) No spitting allowed
- (k) No horseplaying allowed
- (l) Youth must ask for permission from an officer to use the bathroom. Officers are to inspect the bathroom before and after use for signs of tagging or vandalism
- (m) No food, coolers, or drinks are allowed except approved plastic water bottles
- (n) Ensure that all doors are locked and secured after use
- (o) Keep it clean - pick up and dispose of all trash

1302.1.4 SPECIAL EVENT

Requests for special events to be held in the gymnasium must be submitted in advance to the Division Chief or their designee.

San Diego County Probation Department

Institutional Services Unit Procedure

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1302.1.5 EMERGENCY RESPONSE

Whenever a fire alarm is sounded, immediate evacuation of the gymnasium and weight room is the appropriate response. Follow the emergency evacuation procedures and move to the designated area outside the gymnasium and weight room. (See Facility Emergencies Policy)