# San Diego County Probation Department

Institutional Services Unit Policy

## **YTC Staff Wellness Center**

## 1306.1 PURPOSE AND SCOPE

The Youth Transition Campus (YTC) Staff Wellness Center aims to provide all employees of the Department assigned to YTC, an opportunity to develop healthy choices that reduce personal risk factors by engaging and sustaining a productive and active healthy workforce.

### 1306.1.1 FACILITY USE

- (a) The use of the Staff Wellness Center is voluntary and shall be done outside work hours (own personal time)
- (b) Those who choose to avail of the benefits must sign and submit a waiver prior to using the Wellness Center
- (c) The waiver can be obtained from the administration reception desk, (located on the second floor), or in the YTC shared folder
- (d) Once signed return the form to the Administrative Senior Probation Officer
- (e) Any injuries incurred while working out or using any equipment in the Wellness Center will not be processed through Workers' Compensation

#### 1306.2 POLICY

It is the policy of the San Diego County Probation Department that employees utilizing the Staff Wellness Center are expected to follow the rules and present themselves in a professional manner and respect the rights and privileges of all users.