

Local School Wellness Program

910.1 PURPOSE AND SCOPE

The department strives to provide and emphasize a well-balanced diet, physical activity, and physical education to promote achievement, academic success and a healthy lifestyle for the youth in the department's juvenile detention facilities. The department will establish a School Wellness Committee that will develop, implement and monitor a Local School Wellness Program (LSWP) in accordance with the Child Nutrition and Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Reauthorization Act (Sec. 204 of Public Law 108-265); the Healthy, Hunger-Free Kids Act of 2010 (Sec. 204 of Public Law 111-296); Title 7, Code of Federal Regulations, parts 210 and 220; and California Education Code Section 49431.9.

910.3 POLICY

The department will promote student wellness by, at minimum, ensuring (7 CFR 210.31(c)(3)):

- Access to healthy foods in accordance with Federal and California nutrition standards.
- Quality nutrition education that helps them develop lifelong healthy eating behaviors.
- Opportunities to be physically active.
- Use of evidence-based tools
- Foods that do not meet the Smart Snacks in School requirements are not marketed during the school day on campus.
- Maintenance, retention, and public posting of records including: this policy and documentation of triennial assessments of this policy.

The contracted food vendor provides all meals and snack items for youth that reside in Detention Facilities.

The School Wellness Committee is comprised of the San Diego County Probation Quality Assurance Specialist (chairperson) in partnership with representatives of the San Diego County Office of Education Juvenile Court and Community Schools, the contracted food vendor, and community-based partners. The committee chair who is designated by the Deputy Chief for Institutional Services will be the person responsible for implementation and oversight of the local school wellness policy.

The School Wellness Committee will implement the Local School Wellness Policy, in accordance with the associated procedures, to encourage stakeholder participation in development and updating of the policies and procedures, along with periodically assessing compliance with the Local School Wellness Policy. Stakeholders and the general public may become involved by submitting their interest, in writing, along with their contact information to the School Wellness Committee.

San Diego County Probation Department

Institutional Services Policy Manual

Local School Wellness Policy

Compliance with the above requirements and use of best nutritional practices is monitored through annual California Department of Education (CDE) Administrative Reviews, a triennial assessment by CDE's Nutrition Services Division, and annual site monitoring visits by the department's Fiscal Unit.

The department will annually post information regarding the LSWP and how to obtain additional wellness resources.

910.4 REFERENCES

For further guidance, see the Local School Wellness Program in the Institutional Services Procedure Manual.

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

<https://www.cde.ca.gov/ls/nu/sn/mbsnp132017.asp>

<https://www.smarterlunchrooms.org/>