

Topic: **Managing Implicit Bias**

Instructional Time: 4-hours

**COURSE DESCRIPTION:**

This course will offer a comprehensive conceptual overview of unconscious biases, and the varied components that inform our biases. Additionally, participants will be able to identify, perform, and describe effective strategies for managing biases in the workplace, with the population they serve, and in their personal lives. This course is part of the Positive Youth Development (PYD) training series.

**OBJECTIVES:**

- 1) Identify several components that inform unconscious bias including, culture, language, perception, stereotypes, prejudice, discrimination, types of biases, and strategies for managing biases.
- 2) Trainees will be able to describe the ways in which nonverbal communication affects and informs our biases.
- 3) Trainees will be able to describe effective strategies in managing their biases.

