**DPO Core Training** 

Topic: **3.0 COMMUNICATION** Instructional Time: 12-hours

## **CLASS #3.1: INTERPERSONAL COMMUNICATION**

Instructional Time: 4 hours

#### **OBJECTIVES:**

- 3.1.2 Identify the steps of active listening. (MCT)
- 3.1.3 Given a scenario where there is an impactful emotional situation, demonstrate active listening skills. (BST)

#### **TRAINING NOTES:**

- 3.1.A Identify why it is important to respond courteously and professionally to incoming calls and/or questions from the public.
- 3.1.B Identify the difference between empathy and sympathy.

## **CLASS #3.2: CRISIS COMMUNICATION AND DE-ESCALATION**

Instructional Time: 4 hours

#### **OBJECTIVES:**

- 3.2.1 Identify stress-provoking situations that may precede crises. (MCT)
- 3.2.2 Given a list of behaviors, identify those that indicate an offender is in crisis. (MCT)
- 3.2.3 Identify ways to verbally intervene in a situation that is beginning to escalate. (MCT)
- 3.2.4 Identify intervention techniques used by officers to de-escalate tension (best practices). (MCT)
- 3.2.5 Given a description of a crisis where one or more persons is emotionally upset, identify appropriate response by the officer. (MCT)
- 3.2.6 Given a scenario involving a disturbance with an offender, identify the appropriate response. (MCT)
- 3.2.7 Given a scenario in which there is an escalation of tension, demonstrate the effective use of communication skills to de-escalate tension. (BST)
- 3.2.8 Identify how to communicate with victims of sexual abuse. (MCT)

### **CLASS #3.3: EFFECTIVE COMMUNICATION**

Instructional Time: 3 hours

### **OBJECTIVES:**

- 3.3.1 Identify effective ways to give commands to offenders. (MCT)
- 3.3.2 Identify methods for speaking to an offender who is not complying with commands. (MCT)
- 3.3.3 Identify potential non-verbal cues and their possible meaning. (MCT)
- 3.3.4 Identify the types of offender behaviors that can be prevented or mitigated through effective interpersonal communication. (MCT)
- 3.3.5 Identify privacy implications related to answering questions or otherwise divulging information about offenders. (MCT)
- 3.3.6 Identify potential problems related to communicating with fellow officers in the presence of offenders. (MCT)
- 3.3.7 Given an offender scenario, demonstrate effective communication when giving instructions to the offender. (BST)

#### **TRAINING NOTES:**

3.3.A Identify steps to take when there is a communication barrier (e.g., language, hearing impaired, etc.).

# San Diego County Probation Effective July 2020

**CLASS #3.4: MOTIVATIONAL INTERVIEWING** 

Instructional Time: 1 hours

**OBJECTIVES:** 

3.4.1 Define motivational interviewing. (MCT)

3.4.2 Identify the importance of motivational interviewing as an effective technique. (MCT)

