

Course Title: **Below 100: Honor the Fallen by Training the Living**

Instructional Time: 4-hours

Course Description:

This course is designed to influence law enforcement culture by providing innovative training and awareness in an effort to reduce the number of line of duty deaths to under 100 per year. This course will focus on the following five tenets: Wear Your Belt, Wear Your Vest, Watch Your Speed, WIN – What’s Important Now, and Complacency Kills. Through this course, it is hoped that preventable line of duty deaths and injuries can be reduced or avoided. Course and content developed by Below100.org

Performance Objectives:

1. Identify the five tenets of Below 100
2. Describe ways the five tenets can be applied personally and/or professionally
3. Discuss the concept of “Predictable is Preventable”
4. Discuss WIN – What’s Important Now
5. Discuss Watch Your Speed
6. Discuss Wear Your Seatbelt
7. Discuss Wear Your Vest
8. Discuss Complacency Kills

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