Course Title: **CPR/FIRST AID CERTIFICATION AND RECERTIFICATION**

Instructional Time: Duration depends on first-time certification or recertification.

Course Description:

Instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Students learn duties and responsibilities of first aid rescuers; first aid actions for medical emergencies, including severe choking, heart attack, and stroke; and skills for handling injury and environmental emergencies, including external bleeding, broken bones and sprains, and bites and stings. This course also includes STOP THE BLEED course and AED training. All trainings by external provider are developed following the American Heart Association (AHA) standards and students receive certification cards within 24hrs of completion. All courses exceed the OSHA CFR 1910.151(b) minimum standards.

*San Diego County hires an external instructor to teach this class; therefore, the material is not available for review as it is not property of the San Diego County Probation Department.