

Course Title: **DEI Series: Subtle Acts of Exclusion: Small Things, Big Impact:**

Instructional Time: 4-hours

Course Description:

This workshop will promote conscious competence regarding microaggressions, implicit bias and talking about difference. We'll start by defining terminology including unpacking the various types of microaggressions. Participants will explore ways to interrupt microaggression discrimination in progress by developing scripts of what to say when they see or hear something and how to support the person at whom the microaggression was directed. Together we'll practice how to rephrase common microaggressions to say what you mean and not offend people when you speak.

*San Diego County hires an external instructor to teach this class; therefore, the material is not available for review as it is not property of the San Diego County Probation Department.

