Deputy Probation Officer Core Training

Topic 17.0: Defensive Tactics and Restraint Techniques
Class 17.1: Use of Force
Class 17.2: Control Holds
Class 17.3: Falling
Class 17.4: Footwork and Balance
Class 17.5: Take-Downs
Class 17.6: Ground Control
Class 17.7: Personal Body Weapons
Class 17.8: Person Searches
Class 17.9: Use of Restraints
Instructional Time: 42 hours

1. Welcome and Introductions
2. Objectives
   a. Class 17.1: Use of Force
      i. Identify the psychological and physiological factors that may affect an officer who is threatened or involved in a physical altercation with an offender.
      ii. Identify intervention methods for de-escalating problematic situations.
      iii. Identify indicators of assaultive behavior.
      iv. Identify the force option categories.
      v. Identify the guidelines that an officer should consider prior to employing use of force.
      vi. Identify actions that would constitute excessive force.
      vii. Identify actions that would constitute reasonable force.
      viii. Identify the legal framework for an officer’s use of reasonable force.
      ix. Identify key elements needed to be covered in debrief and documentation.
      x. Identify less lethal force options.
      xi. Identify lethal force options.
   b. Class 17.2: Control Holds
      i. In a simulation, demonstrate at least two course instructed control holds incorporating the following: balance, maintaining a position of control and advantage, proper foot movements, and leverage/assistance.
   c. Class 17.3: Falling
      i. In a simulation of a rear assault, demonstrate a forward break fall technique incorporating the following: correct body position, proper movement, balance and position of advantage.
      ii. In a simulation of a frontal assault, demonstrate a rear break fall technique incorporating the following: correct body position, proper movement, balance and position of advantage.
   d. Class 17.4: Footwork and Balance
      i. Given a scenario, demonstrate the course-instructed balance, footwork and body movements to avoid an attacking person, incorporating the following: balance, position in response to subject’s movements and self-control. (BST)
      ii. Given a scenario, demonstrate the course-instructed footwork to evade an attack.
   e. Class 17.5: Take-Downs
i. In a simulation, demonstrate at least two course-instructed take-down techniques incorporating the following: proper balance, maintaining a position of control and advantage and proper foot movements.

ii. Demonstrate a course-instructed two officer, one subject take-down technique incorporating the following: correct positioning of two-person configuration, controlling the subject’s legs above the knees and communication between officers.

f. Class 17.6: Ground Control
   i. In a simulation, demonstrate a course-instructed escape technique from a ground position incorporating the following: escape from and restrain the offender, gain a position of control and advantage, and maintain mental alertness and concentration.
   ii. In a simulation, demonstrate a course-instructed escape technique from a front position incorporating the following: escape from and restrain the offender, gain a position of control and advantage, proper balance and foot movements.
   iii. In a simulation, demonstrate a course-instructed escape technique from a rear position incorporating the following: escape from and restrain the offender, gain a position of control and advantage, proper balance and proper foot movements.
   iv. Given a scenario, demonstrate course-instructed prone control technique.
   v. In a simulation, demonstrate a course-instructed escape technique from a bear hug incorporating the following: escape from and restrain the offender, gain a position of control and advantage and proper balance.

g. Class 17.7: Personal Body Weapons
   i. Given a scenario, demonstrate the use of course-instructed personal body weapons.
   ii. Given a scenario, demonstrate course-instructed diversionary distraction techniques.
   iii. Demonstrate course-instructed blocking techniques.

h. Class 17.8: Person Searches
   i. Identify the primary considerations for an officer when searching an individual.
   ii. Identify barriers to completing pat-down and/or strip searches.
   iii. Identify the places on males and females where weapons or contraband may be concealed.
   iv. Identify the consequences that may result from poorly conducted pat-down and strip searches.
   v. Identify the key roles of each officer when multiple officers are searching persons, vehicles or rooms.
   vi. Given a scenario in which you are to search a compliant individual in a prone position, demonstrate how to safely approach and search the individual.
   vii. Given a scenario in which you are searching an individual, demonstrate the use of appropriate verbal commands.
   viii. Given a scenario in which you are to search a compliant individual in a standing position, demonstrate how to safely approach and search the individual.
   ix. Given a scenario with an individual of the opposite gender, demonstrate an effective pat-down search.
   x. Given a scenario in which you are to search a compliant individual in a kneeling position, demonstrate how to safely approach and search the individual.
   xi. Given a scenario with an individual of the same gender, demonstrate an effective pat-down search.
   xii. Identify the legal principles inherent in conducting pat-down and strip searches.
xiii. Given the task of searching an individual in a high-risk situation, demonstrate the correct techniques required to maximize the effectiveness of searches and safety of the officer.

i. Class 17.9: Use of Restraints
   i. With a second officer, demonstrate the proper application of handcuffs on a non-compliant individual in a standing, kneeling, and prone position using a course-instructed control hold.
   ii. Identify issues related to the proper fit of hand cuffs (e.g. position of locks, position of wrist, tightness of cuffs, double locking)
   iii. With a second officer, demonstrate how to assist a handcuffed individual in the kneeling & prone position to their feet incorporating the following: appropriate verbal instructions to the individual during the assist, not pulling up offender by their arm and not compromising individual’s ability.
   iv. Given a scenario, demonstrate how to safely remove handcuffs.
   v. With a second officer demonstrate how to properly escort a handcuffed individual.
   vi. Identify the procedure for safely approaching an individual prior to the application of handcuffs.
   vii. Given a scenario demonstrate the proper approach and application of handcuffs on a compliant individual from a standing, kneeling, and prone position.
   viii. In a simulation, demonstrate handcuffing an individual from the searching position incorporating the following: joint locks, cuff retrieval from waistband on belt.
   ix. Identify the different parts and nomenclature of handcuffs.
   x. Given a scenario, demonstrate the use of verbal commands during the application of handcuffs.
   xi. Identify why it is important to use verbal commands while applying restraints.
   xii. Identify laws related to the use of restraints.
   xiii. Identify situations when the use of restraint devices may be appropriate, according to Title 15.
   xiv. Identify the types of restraint devices used by officers.
   xv. Identify restraint methods that may not be appropriate (e.g., hog tying).
   xvi. Identify circumstances when the use of restraints may not be appropriate.
   xvii. Demonstrate how to assist a resisting handcuffed individual to a sitting position, entering and exiting a vehicle.
   xviii. Identify Title 15 requirements for direct visual supervision of an offender when the offender is in physical restraints.