

Deputy Probation Officer Core Training

Topic 17.0: Defensive Tactics and Restraint Techniques

Class 17.1: Use of Force

Class 17.2: Control Holds

Class 17.3: Falling

Class 17.4: Footwork and Balance

Class 17.5: Take-Downs

Class 17.6: Ground Control

Class 17.7: Personal Body Weapons

Class 17.8: Person Searches

Class 17.9: Use of Restraints

Instructional Time: 42 hours

1. Welcome and Introductions
2. Objectives
 - a. Class 17.1: Use of Force
 - i. Identify the psychological and physiological factors that may affect an officer who is threatened or involved in a physical altercation with an offender.
 - ii. Identify intervention methods for de-escalating problematic situations.
 - iii. Identify indicators of assaultive behavior.
 - iv. Identify the force option categories.
 - v. Identify the guidelines that an officer should consider prior to employing use of force.
 - vi. Identify actions that would constitute excessive force.
 - vii. Identify actions that would constitute reasonable force.
 - viii. Identify the legal framework for an officer's use of reasonable force.
 - ix. Identify key elements needed to be covered in debrief and documentation.
 - x. Identify less lethal force options.
 - xi. Identify lethal force options.
 - b. Class 17.2: Control Holds
 - i. In a simulation, demonstrate at least two course instructed control holds incorporating the following: balance, maintaining a position of control and advantage, proper foot movements, and leverage/assistance.
 - c. Class 17.3: Falling
 - i. In a simulation of a rear assault, demonstrate a forward break fall technique incorporating the following: correct body position, proper movement, balance and position of advantage.
 - ii. In a simulation of a frontal assault, demonstrate a rear break fall technique incorporating the following: correct body position, proper movement, balance and position of advantage.
 - d. Class 17.4: Footwork and Balance
 - i. Given a scenario, demonstrate the course-instructed balance, footwork and body movements to avoid an attacking person, incorporating the following: balance, position in response to subject's movements and self-control. (BST)
 - ii. Given a scenario, demonstrate the course-instructed footwork to evade an attack.
 - e. Class 17.5: Take-Downs

- i. In a simulation, demonstrate at least two course-instructed take-down techniques incorporating the following: proper balance, maintaining a position of control and advantage and proper foot movements.
 - ii. Demonstrate a course-instructed two officer, one subject take-down technique incorporating the following: correct positioning of two-person configuration, controlling the subject's legs above the knees and communication between officers.
- f. Class 17.6: Ground Control
 - i. In a simulation, demonstrate a course-instructed escape technique from a ground position incorporating the following: escape from and restrain the offender, gain a position of control and advantage, and maintain mental alertness and concentration.
 - ii. In a simulation, demonstrate a course-instructed escape technique from a front position incorporating the following: escape from and restrain the offender, gain a position of control and advantage, proper balance and foot movements.
 - iii. In a simulation, demonstrate a course-instructed escape technique from a rear position incorporating the following: escape from and restrain the offender, gain a position of control and advantage, proper balance and proper foot movements.
 - iv. Given a scenario, demonstrate course-instructed prone control technique.
 - v. In a simulation, demonstrate a course-instructed escape technique from a bear hug incorporating the following: escape from and restrain the offender, gain a position of control and advantage and proper balance.
- g. Class 17.7: Personal Body Weapons
 - i. Given a scenario, demonstrate the use of course-instructed personal body weapons.
 - ii. Given a scenario, demonstrate course-instructed diversionary distraction techniques.
 - iii. Demonstrate course-instructed blocking techniques.
- h. Class 17.8: Person Searches
 - i. Identify the primary considerations for an officer when searching an individual.
 - ii. Identify barriers to completing pat-down and/or strip searches.
 - iii. Identify the places on males and females where weapons or contraband may be concealed.
 - iv. Identify the consequences that may result from poorly conducted pat-down and strip searches.
 - v. Identify the key roles of each officer when multiple officers are searching persons, vehicles or rooms.
 - vi. Given a scenario in which you are to search a compliant individual in a prone position, demonstrate how to safely approach and search the individual.
 - vii. Given a scenario in which you are searching an individual, demonstrate the use of appropriate verbal commands.
 - viii. Given a scenario in which you are to search a compliant individual in a standing position, demonstrate how to safely approach and search the individual.
 - ix. Given a scenario with an individual of the opposite gender, demonstrate an effective pat-down search.
 - x. Given a scenario in which you are to search a compliant individual in a kneeling position, demonstrate how to safely approach and search the individual.
 - xi. Given a scenario with an individual of the same gender, demonstrate an effective pat-down search.
 - xii. Identify the legal principles inherent in conducting pat-down and strip searches.

- xiii. Given the task of searching an individual in a high-risk situation, demonstrate the correct techniques required to maximize the effectiveness of searches and safety of the officer.
- i. Class 17.9: Use of Restraints
 - i. With a second officer, demonstrate the proper application of handcuffs on a non-compliant individual in a standing, kneeling, and prone position using a course-instructed control hold.
 - ii. Identify issues related to the proper fit of hand cuffs (e.g. position of locks, position of wrist, tightness of cuffs, double locking)
 - iii. With a second officer, demonstrate how to assist a handcuffed individual in the kneeling & prone position to their feet incorporating the following: appropriate verbal instructions to the individual during the assist, not pulling up offender by their arm and not compromising individual's ability.
 - iv. Given a scenario, demonstrate how to safely remove handcuffs.
 - v. With a second officer demonstrate how to properly escort a handcuffed individual.
 - vi. Identify the procedure for safely approaching an individual prior to the application of handcuffs.
 - vii. Given a scenario demonstrate the proper approach and application of handcuffs on a compliant individual from a standing, kneeling, and prone position.
 - viii. In a simulation, demonstrate handcuffing an individual from the searching position incorporating the following: joint locks, cuff retrieval from waistband on belt.
 - ix. Identify the different parts and nomenclature of handcuffs.
 - x. Given a scenario, demonstrate the use of verbal commands during the application of handcuffs.
 - xi. Identify why it is important to use verbal commands while applying restraints.
 - xii. Identify laws related to the use of restraints.
 - xiii. Identify situations when the use of restraint devices may be appropriate, according to Title 15.
 - xiv. Identify the types of restraint devices used by officers.
 - xv. Identify restraint methods that may not be appropriate (e.g., hog tying).
 - xvi. Identify circumstances when the use of restraints may not be appropriate.
 - xvii. Demonstrate how to assist a resisting handcuffed individual to a sitting position, entering and exiting a vehicle.
 - xviii. Identify Title 15 requirements for direct visual supervision of an offender when the offender is in physical restraints.

- 3. PC 830.5
- 4. PC 832
- 5. PC 835
- 6. Case Law
- 7. Department Policy
- 8. De-Escalation
- 9. Review / Closing / Evaluations