

Deputy Probation Officer Core Training

Topic 18.0: Behavioral Health

Classes: 18.1-Signs and Symptoms of Substance Abuse (2 hours)

18.2-Trauma (4 hours)

18.3-Interventions and Resources (4 hours)

18.4-Stigma and Bias (1 hour)

18.5-Roles and Responsibilities (4 hours)

18.6-Liability (1 hour)

18.7-Behavioral Health Case Planning (1 hour)

18.8-Suicide Prevention (2 hours)

18.9-Foundation and Definitions: Signs and Symptoms (2.5 hours)

18.10-Safety (1.5 hours)

18.11-Emotional Survival (2 hours)

1. Welcome and Introductions

2. Objectives

- a. Class: 18.1-Signs and Symptoms of Substance Abuse
 - i. Recognize recent trends in substance abuse.
 - ii. Distinguish between different street drugs and prescription drugs.
 - iii. Classify symptoms to specific types of substances used.
 - iv. Recognize medical symptoms that resemble the effects of substance abuse.
- b. Class: 18.2-Trauma
 - i. Recognize signs and symptoms of those affected by trauma.
 - ii. Identify how behaviors and actions of staff may inflict trauma on individuals under their supervision or in our custody.
 - iii. Identify appropriate classification/housing for someone who has suffered trauma.
 - iv. Recognize the signs and symptoms of current trauma and past trauma.
 - v. Identify signs of human trafficking and services available for victims.
 - vi. Identify how to appropriately interact with offenders who have suffered trauma.
 - vii. Recognize barriers to reporting trauma.
- c. Class: 18.3-Interventions and Resources
 - i. Identify techniques for effective interviewing of offenders.
 - ii. Recognize the behavioral and verbal cues that will require mental health intervention.
 - iii. Recognize verbal de-escalation techniques through scenarios.
 - iv. Identify the rights of a Mental Health / Behavioral Issues (MHBI) offender.
 - v. Determine appropriate responses when dealing with an emotionally upset person.
 - vi. Identify triggers of violence.
- d. Class: 18.4-Stigma and Bias
 - i. Recognize the stigma regarding the misconceptions around MHBI.
 - ii. Identify the factors that influence the stigma and bias we carry.
 - iii. Recognize who is impacted by bias and/or stigma to comprehend the potential consequences of stereotyping.
 - iv. Recognize the myths about the causes of MHBI.
 - v. Identify the consequences of various forms of bias.

- vi. Identify what actions (informal/formal) should be taken when recognizing the elements of stigma in a professional environment.
- e. Class: 18.5-Roles and Responsibilities
 - i. Identify mental health factors that may result in a child being removed from their home.
 - ii. Identify the mental health information and criteria that is appropriate to be included in a fitness report.
 - iii. Determine how mental health documentation relates to aggravating and mitigating factors when writing reports (such as court or incident reports) and recommendations.
 - iv. After viewing a video scenario, write a report.
 - v. Identify the Title 15 mandates that refer to the psychological treatment of offenders.
- f. Class: 18.6-Liability
 - i. Identify the mandates around access to MHBI services.
 - ii. Identify the liability for refusing access to MHBI services.
 - iii. Identify potential liabilities resulting from a suicide.
- g. Class: 18.7-Behavioral Health Case Planning
 - i. Identify appropriate programs for mental health needs based on a risk/needs assessment.
 - ii. Demonstrate the ability to integrate information from a risk/needs assessment tool into a case plan to include treatment, intervention, and probation condition compliance.
 - iii. Produce a written court report that includes pertinent mental health information.
- h. Class: 18.8-Suicide Prevention
 - i. Determine the best means to identify the emotional/mental state of an offender.
 - ii. Recognize triggers and potential triggers (feelings, events, time, place, etc.) associated with suicidal behaviors.
 - iii. Identify differences between self-harm and suicidal ideations/attempts.
 - iv. Recognize high risk behaviors associated with suicide.
 - v. Evaluate suicide risk level and execute appropriate procedures.
 - vi. Identify suicidal risk factors.
 - vii. Identify strategies to mitigate suicide attempts.
 - viii. Identify the responsibilities of the officer when dealing with suicide risk offenders.
- i. Class: 18.9-Foundation and Definitions: Signs and Symptoms
 - i. Identify common Behavioral Health terminology.
 - ii. Identify specific characteristics of MHBI disorders commonly encountered among the offender population.
 - iii. Identify specific characteristics related to dementia, autism spectrum disorders, and neurological disorders.
 - iv. Identify the most common behaviors associated with mental health issues.
 - v. Identify abnormal physical or emotional behaviors which might be indicative of a mental health concern.
 - vi. Discern between possible indicators of mental illness, intellectual disability, medical conditions, and substance abuse.
 - vii. Identify decompensation when it occurs.
 - viii. Identify safety risks, disabilities, and danger to self and/or others.
 - ix. Differentiate between irrational/erratic mental health indicators and antisocial/assaultive behavior.

- x. Identify offenders who are exhibiting drug/alcohol use which may be a manifestation of their mental illness or medication.
 - j. Class: 18.10-Safety
 - i. Recognize the potential consequences of improper management of an offender in psychological distress.
 - ii. Identify risk of victimization/manipulation of mentally ill offenders.
 - iii. Identify indicators that a mentally ill offender is the manipulator.
 - iv. Identify how behavioral health issues may increase risk of being abused or neglected.
 - v. Identify self-harm behavior that MHBI offenders may engage in.
 - vi. Recognize the potential consequences of improper monitoring of MHBI offenders.
 - k. Class: 18.11-Emotional Survival
 - i. Identify signs and symptoms of emotional distress for the officer.
 - ii. Define signs of secondary and vicarious trauma (as it relates to staff).
 - iii. Identify appropriate responses to a critical incident to ensure staff emotional health is addressed.
 - iv. Identify the factors an officer should consider related to secondary trauma while preserving a crime scene.
 - v. Identify EAP (Employee Assistance Program) services and how stigma can affect an officer's willingness to access them.
3. Review / Closing / Evaluations

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