Deputy Probation Officer Core Training
Topic 3.0: Communication
Class 3.4: Motivational Interviewing
Instructional Time: 1 hour

1. Welcome and Introductions
2. Objectives
   a. Define motivational interviewing.
   b. Identify the importance of motivational interviewing as an effective technique
3. Activity: Two Truths and a Lie
4. What is Motivational Interviewing?
5. Benefits of Motivational Interviewing
6. Engagement
7. OARS (Open-Ended Questions, Affirmations, Reflections, Summarizations)
8. Review / Closing / Evaluations