

Class: Military Veterans in Crisis: What POs Need to Know

Instructional time – 8 hours

1. Welcome and Introductions
2. Objectives
 - a. Student will be able to identify wartime stressors that active duty military experience
 - b. Student will be able to specify the effects that multiple deployments can have on veterans
 - c. Student will be able to identify stress-related issues that are occurring among veterans today
 - d. Student will be able to specify the need for proper law enforcement intervention regarding military veterans
 - e. Student will be able to identify the emotional impacts of wartime stressors and converging conditions
 - f. Student will be able to specify the long-term psychological impact of exposure to wartime stressors and converging conditions
 - g. Student will be able to identify the effect of sustained military operations on domestic violence situations
 - h. Student will be able to define post-traumatic stress disorder
 - i. Student will be able to identify common mental health manifestations of post-traumatic stress disorder
 - j. Student will be able to specify how post-traumatic disorder can affect returning military veterans
 - k. Student will be able to identify the stigmas attached to individuals diagnosed with post-traumatic stress disorder
 - l. Student will be able to discuss the public safety issues associated with post-traumatic stress disorder
 - m. Student will be able to discuss how our country treats returning veterans
 - n. Student will be able to identify the impacts that military deployments can have on family members
 - o. Student will be able to identify the difficulties faced by military veterans as they readjust to civilian life
 - p. Student will be able to discuss the importance of support during readjustment
 - q. Student will be able to assess the behavior of a veteran in crisis when responding to a call for service
 - r. Student will be able to identify de-escalation tactics to use with veterans in crisis
 - s. Student will be able to identify response principles that have proven successful when interacting with veterans in crisis
 - t. Student will participate in case studies to demonstrate successful response principles
 - u. Student will be able to identify resources available to veterans
 - v. Student will be able to identify technologies that can help returning veterans to successfully reintegrate

3. Wartime Stressors and Trauma
 - a. Irregular Nature of Conflict
 - b. Urban Combat
 - c. Multiple Deployments
 - d. Sustained Operations
4. Veterans in Crisis
5. Converging Conditions
6. PTSD
 - a. Symptoms
 - b. Video “Now, After”
 - c. Behaviors
 - d. Reactions
 - e. Stigma
 - f. Substance Abuse
 - g. Suicide
 - h. Spousal Aggression/Divorce
 - i. Unemployment
 - j. Homelessness
7. Impact on Family
8. Reintegration Challenges
9. De-escalation Techniques
 - a. Empathy
 - b. Assessment
 - c. Safety
 - d. Situational Awareness
 - e. Weapons
 - f. Suicide by Cop
10. Response Techniques
 - a. Active Listening
 - b. Encouraging/Reassuring
 - c. Paraphrasing
 - d. Emotion Labeling
 - e. Mirroring
 - f. Summarizing
11. Support Resources
12. Review / Closing / Evaluations

