

Class: Planning Wisely for Retirement

Instructional time: 8 hours

1. Welcome and Introductions
2. Objectives
  - a. Utilize tools gained in class to stay healthy physically, mentally, emotionally, and financially as they approach retirement.
  - b. Discuss in detail the steps to be taken between now and retirement to ensure the best transition possible.
  - c. Planning for a second career: becoming an entrepreneur or becoming more serious about a lifelong passion.
  - d. Utilize resources gained in class to continue plan outlined during the class session for lasting benefit towards retirement.
3. How many more years, months, or days
4. Staying healthy physically, mentally, emotionally, and financially
5. Avoiding burnout
6. Pursuing or not pursuing a second career
7. To move or not to move
8. Review / Closing / Evaluations

\*San Diego County hires an external instructor to teach this class therefore the material is not available for review as it is not property of the San Diego County Probation Department.

