

Class: Trauma Informed Client Management

Instructional time: 8 hours

1. Welcome and Introductions
2. Objectives
  - a. Identify and differentiate between violent events that cause trauma related disorders.
  - b. Describe the symptoms and reactions to trauma-related disorders that affect individuals on their caseload.
  - c. Identify which common behaviors of trauma victims are maladaptive coping-mechanisms.
  - d. Evaluate and assess individuals for possible suicidality stemming from their reactions to traumatic events.
  - e. Recognize trauma symptoms in individuals on their caseload in-order-to intercede effectively to gain cooperation and compliance.
  - f. Screen clients on their caseload for trauma disorders with the screening tools supplied in the course.
  - g. Refer clients to appropriate resources in their own community.
3. Clients who have been severely traumatized
4. Symptoms and reactions to past trauma
5. The Adverse Childhood Experiences (ACE) Study
6. Target Interventions
7. Types of Trauma
  - a. Interpersonal Violence
  - b. Rape
  - c. Physical Assault
  - d. Family Violence
  - e. Early Childhood Trauma
  - f. Natural Disasters
  - g. War
  - h. Torture
8. PTSD (Post Traumatic Stress Disorder)
9. Compulsive Disorder
10. Depression
11. Maladaptive Coping
12. Trauma and Suicidality
13. Coping with Probation Court Orders
14. Review / Closing / Evaluations

\*San Diego County hires an external instructor to teach this class therefore the material is not available for review as it is not property of the San Diego County Probation Department.