

## San Diego County Probation

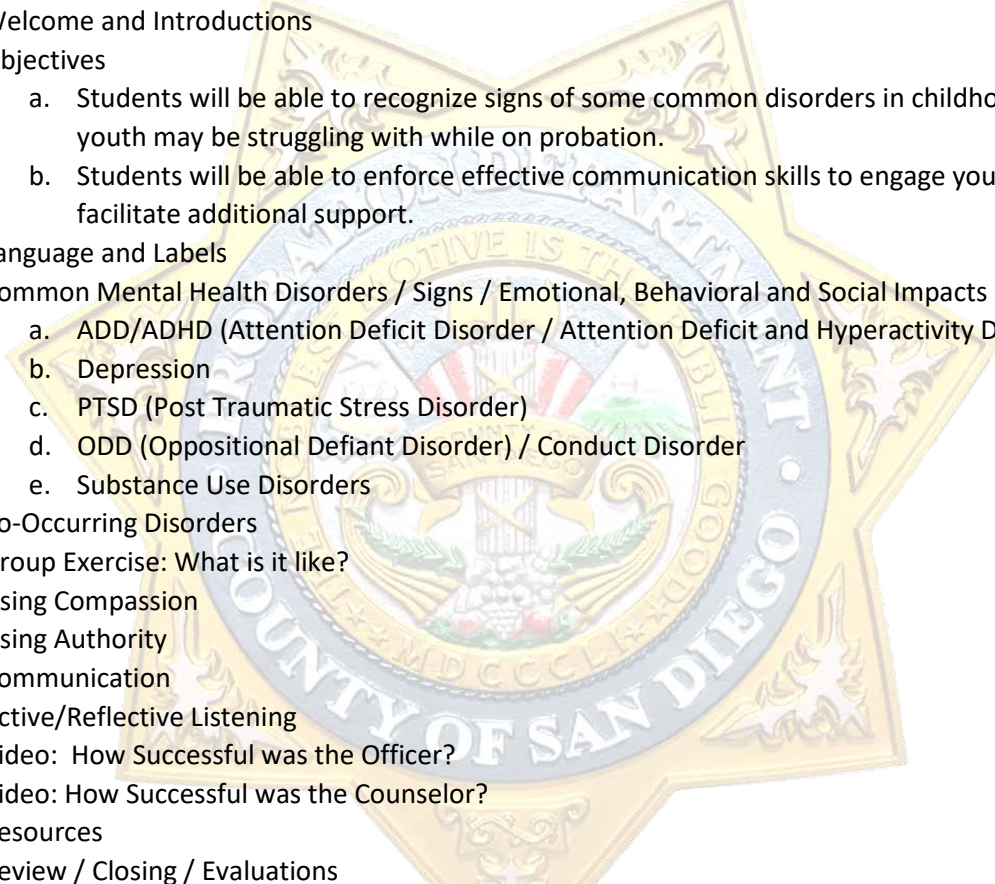
### Juvenile Institutions Core Training

#### Unit 1: Agency Specific Training

#### Module(s): Childhood Disorders

Instructional Time: 4 hours

\*San Diego County hires an external instructor to teach this class; therefore, the material is not available for review as it is not property of the San Diego County Probation Department.

1. Welcome and Introductions
  2. Objectives
    - a. Students will be able to recognize signs of some common disorders in childhood that youth may be struggling with while on probation.
    - b. Students will be able to enforce effective communication skills to engage youth and facilitate additional support.
  3. Language and Labels
  4. Common Mental Health Disorders / Signs / Emotional, Behavioral and Social Impacts
    - a. ADD/ADHD (Attention Deficit Disorder / Attention Deficit and Hyperactivity Disorder)
    - b. Depression
    - c. PTSD (Post Traumatic Stress Disorder)
    - d. ODD (Oppositional Defiant Disorder) / Conduct Disorder
    - e. Substance Use Disorders
  5. Co-Occurring Disorders
  6. Group Exercise: What is it like?
  7. Using Compassion
  8. Using Authority
  9. Communication
  10. Active/Reflective Listening
  11. Video: How Successful was the Officer?
  12. Video: How Successful was the Counselor?
  13. Resources
  14. Review / Closing / Evaluations
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- The seal of San Diego County is a large, faint watermark in the background. It features a central shield with a sun, a ship, and a plow, surrounded by the text "SAN DIEGO COUNTY" and "1850". The seal is a five-pointed star shape with decorative flourishes.