

Class: Vicarious Trauma

Instructional Time: 4 hours

This course introduces students to Vicarious Trauma and its effects on officer wellness; interpersonal relations; and casework effectiveness. Officers will gain an understanding of Vicarious Trauma in facilities and field settings, including, recognizing trauma exposure and initiating protective measures; handling interpersonal conflict among co-workers and clients that results from Vicarious Trauma; and analyzing/discussing effective casework techniques that minimize the negative effects of Vicarious Trauma.

\*San Diego County hires an external instructor to teach this class; therefore, additional material is not available for review as it is not property of the San Diego County Probation Department.

