

Five locations serving San Diego County:



Supportive Services

- * Academic Enhancement
- * Social Skill Building
- * Self Esteem
- * Personal Growth
- * Drug Alcohol Prevention
- * Stabilization Assistance
- * Community Service
- * Groups & Individual Counseling

Counseling Services

- * Family Conflict Mediation
- * Gang Prevention
- * Anger Management
- * Art Therapy
- * Healthy Relationships
- * Gender Specific Groups
- * Drug & Alcohol Counseling
- * Psychoeducational Groups

North Inland
Mental Health Systems, Inc.
940 E. Valley Parkway, Suite D
Escondido, CA 92025
(760) 747-0205

North Coastal
North County Lifeline, Inc.
707 Oceanside Blvd., Oceanside, CA 92054
(760) 842-6214

200 Michigan Ave, Vista, CA 92084
(760) 842-6214

East
San Diego Youth Services
3845 Spring Drive, Spring Valley, CA 91977
(619) 258-6877

Central
Social Advocates for Youth
(SAY San Diego, Inc.)
Family Resource Center
4275 El Cajon Blvd., Suite 101, San Diego, CA 92105
(619) 283-9624

South Bay
SBCS
430 "F" Street, Chula Vista, CA 91910
(619) 420-3620



Nora Vargas—District 1
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Jim Desmond—District 5

Community Assessment Teams

San Diego County Probation Department
in collaboration with:

Mental Health Systems, Inc.

North County Lifeline, Inc.

San Diego Youth Services

SAY San Diego, Inc.

SBCS

**A Juvenile Justice
Crime Prevention Act Program**
Serving at-risk youth and their families





What is CAT?


The CAT program is a multi-agency prevention and intervention program for families with school age youth (6-18), who are at risk of entering or continuing in the juvenile justice system.

Multi-disciplinary CAT programs are composed of case managers, alcohol & drug specialists, parent educators, and mental health professionals, who are linked to services in the San Diego area.

These teams provide assessment, prevention, intervention and referral services to identified at-risk youth and their families.

The San Diego County Probation Department contracts with five community-based organizations to provide services and referrals for services through this program.

The goal of CAT shall be to provide services to reduce the number of youth who enter the juvenile justice system or re-offend while on probation by focusing on the unique strengths and needs of individual youths and supporting and teaching families how to access and receive community resources in a timely fashion.



What can the teams do?

Connect families to available community resources.

Provide a timely and comprehensive risk and resiliency assessment of youth and their families.

Develop a strength-based family service plan in partnership with families.


Monitor youth and family success and compliance with the family service plan.

Describe the juvenile court process and the legal responsibilities of minors and families.

Assist communities with identification of unmet needs and assist in the development of necessary support services.

Provide home visitation.

Provide crisis intervention 24 hours/7 days per week



Who is eligible for services?

School age youth, ages 6-18, who show signs of risk for entering or continuing in the juvenile justice system. Some risk factors are:

- ◆ Chronic behavior problems.
- ◆ Truancy related issues
- ◆ School disciplinary issues
- ◆ Family issues
- ◆ Out of control behavior
- ◆ Substance abuse problems
- ◆ Domestic/teen relationship violence issues
- ◆ Parental/familial incarceration or criminality



How does a family access services?

Youth or family members may refer themselves by contacting their nearest CAT Program.

Referrals may also be made by:

- ◆ Self
- ◆ Schools
- ◆ Law Enforcement Officers
- ◆ Probation officers
- ◆ Counselors
- ◆ Faith community