



San Diego County Probation Department

Post Office Box 23597 • San Diego, California 92193-3597
www.sandiegocounty.gov/probation



Tamika Nelson, Chief Probation Officer

San Diego County Domestic Violence Treatment Providers Certified Program Listing

Revised: 09/23/2025

Instructions to Probationers:

- You have been ordered by the Court to complete a 52-week program for domestic violence intervention and counseling.
- You have been given a date to return to Court and provide proof that you have enrolled in one of the certified programs.
- **The only programs presently certified, which will satisfy this requirement are on the attached lists. If you attend a program not on this list, you will not receive credit.**
- You must call the program of your choice to schedule an initial interview. They will schedule your interview within three weeks from the date you contact them. The program will give you any additional information you may need, e.g. locations, costs, and times of meetings. You must bring the indicated fee amount with you to your initial interview. The total cost may vary from program to program. Each program can advise you what the charge is for each weekly session and whether payment plans are available.
- The Court does not consider the program completed until you have successfully attended all sessions and you have paid your bill in full.
- Failure to enroll in or complete one of these programs may result in revocation of probation and could subject you to time in jail. These programs will report your success or failure in the counseling directly to the Probation Officer and /or the Court which has issued the order for you to attend.

Please call the agency/agencies of your choice to ask if they offer in-person and/or on-line groups. Regardless of your choice, both types of groups are 2 hours long.

CENTRAL SAN DIEGO	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
A Better Way to Communicate 2515 Camino Del Rio South #215, San Diego, CA 92108 (619) 985-5392 abetterwaytocommunicate@outlook.com	Level 1 & 2 Men's Groups & Women's Groups Weekdays Daytime and Evening
A Center for Change <i>Ruth Shepersky, (760) 583-6698</i> 2725 Congress Street, Suite 2-B San Diego, CA 92110 (619) 299-7884 Acenter4change@outlook.com	Level 1 & 2 Spanish, English Men's Groups & Women's Groups Monday – Saturday Morning and Evening Individual Therapy
Center for Mindful Relationships <i>Laura Carr</i> 2333 First Avenue #204 San Diego, CA 92101 (619) 685-0041 (619) 685-0042 www.CFMRSanDiego.com	Men's Groups Weekdays Individual Therapy



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<u>Program Name & Contact Information</u>	<u>Program Details</u>
CIFC <i>Michele Koonin</i> 2725 Congress Street #2C San Diego, CA 92110 (619) 688-1035 (619) 688-1098	Spanish Men's Groups & Women's Groups Daytime, Evening and Saturdays. Individual Therapy Interpersonal/Family Violence Groups
Domestic Violence Recovery <i>Linda Griffin</i> 8888 Clairemont Mesa Blvd., Suite P San Diego, CA 92123 (619) 544-1453 (619) 716-0554 linda@domesticviolencerecovery.net	Men's Groups & Women's Groups Daytime and Evening
Reflections Counseling <i>Demar Young</i> 8880 Rio San Diego Dr Suite 800 San Diego, CA 92108 (619) 335-8106 (951) 394-1940 dyoung@reflections-sd.com	<i>Level 1</i> Men's Groups & Women's Groups Weekdays, Evening, Saturdays
The San Diego LGBT Community Center <i>L Tuiletufuga or Jacqueline Gomez</i> 3909 Center Street San Diego, CA 92103 (619) 692-2077 www.thecentersd.org	Men's Groups & Women's Groups Transgender & Non-Binary Groups All Genders Survivors Groups Weekdays Individual Therapy
Urban Restoration Counseling Center 1913 Euclid Ave., Suite #108 San Diego, CA 92105 (619) 648-1158 dvirt@urbanrestorationcounseling.org	English & Spanish Men's Groups, Women's Groups, & LGBT Groups Weekdays, Sunday, Morning, Evening



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EAST COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
Agape Groups <i>Keegan Starr</i> 1685 E Main Street Suite 203 El Cajon, CA 92021 (619) 997-1777 Keegan.acfc@outlook.org	Level 1 & 2 Men's and Women's Groups Weekdays, Weekends Individual Therapy
Center for Mindful Relationships <i>Laura Carr</i> 127 Lexington Ave El Cajon, CA 92020 (619) 685-0041 (619) 685-0042 www.CFMRSanDiego.com	Men's Groups Weekdays Individual Therapy
La Mesa Counseling <i>Julie Hayden, Psy.D.</i> 8058 La Mesa Blvd La Mesa, CA 91942 (619) 463-9742 (619) 463-2522 lamesacounseling@gmail.com	Level 1 & 2 English, Arabic, Spanish, Korean Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturdays Individual Therapy
La Mesa Counseling <i>Julie Hayden, Psy.D.</i> 13176 Maplevue Street Lakeside, CA 92040 (619) 463-9742 (619) 463-2522 lamesacounseling@gmail.com	English, Arabic, Spanish, Korean Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturdays Individual Therapy
License to Freedom <i>Navid Zamani, PhD, LMFT</i> 131 Avocado Ave. El Cajon, CA 92020 (619) 401-2800 (619) 447-5761	English, Arabic, Kurdish, Farsi, Dari, Pashto Men's Groups & Women's Groups Evening & Morning Individual Therapy
San Diego Center for Family Therapy, Inc <i>David Najera</i> 7735 Pacific Ave. Lemon Grove, CA 91945 (619) 741-0624 (619) 741-0625	Spanish Men's Groups Evening, Saturday
Southern Indian Health Council, Inc <i>Amy Allen, LMFT</i> 4058 Willows Rd Alpine, CA 91901 (619) 445-1188 Ext. 200	Level 1 & 2 Men's Groups & Women's Groups



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NORTH COUNTY	
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A Balanced Communication (ABC) <i>Nikoo Sadatrafiei, PsyD, LMFT, LAADC</i> 731 Hwy 101 Suite #1E Solana Beach, CA 92075 (619) 947-5514 Abalancedcommunication@gmail.com	Level 1 & 2 Men's Groups & Women's Groups Weekdays, Daytime, and Evening Individual Therapy
Agape Groups of Escondido <i>Beatriz Cruz</i> 135 West Mission Ave Suite 209 Escondido, CA 92025 Office: (760) 741-2330 Cell: (760) 623-9401 FAX: (760) 741-2325	Level 1 & 2 Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday Individual Counseling
La Mesa Counseling, North County <i>Julie Hayden, Psy.D.</i> 14168 Poway Rd, Suite 204 Poway, CA 92064 (619) 463-9742 (619) 463-2522 latesacounseling@gmail.com	Level 1 & 2 Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturday Individual Therapy
Pacific Coast Counseling <i>Randi Devine</i> 2111 S. El Camino Real Suite 300 Oceanside, CA 92054 (760) 439-1124 (760) 547-5537 pacificcoastcounseling@hotmail.com	Level 2 Integrated Program Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday Individual Therapy
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 1002 E. Grand Avenue Escondido, CA 92025 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Level 3 Dual Track Program Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 945 Vale Terrace Drive Vista, CA 92083 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday



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Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 12439 Poway Road, Suite B Poway, CA 92064 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 120 W. Hawthorne Street Fallbrook, CA 92028 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday

SOUTH COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
Connections to Change <i>Jeanne Wilcox, LMFT</i> 333 H Street Suite 5000 Chula Vista, CA 91910 (619) 246-5611 (619) 566-4284 jwilcoxlmft@gmail.com	Men's Groups & Women's Groups Daytime, Evening, Weekends Individual Therapy
JH Therapeutic <i>Jaron Haynes, LMFT</i> 5901 Rancho Hills Dr San Diego, CA 92139 (619) 395-3657 Jhtherapeutic@cox.net	Men's Groups & Women's Groups Daytime, Evening Individual Therapy
La Mesa Counseling, South <i>Julie Hayden, Psy.D.</i> 230 Glover Avenue #G Chula Vista, CA 91910 (619) 463-9742 (619) 463-2522 latesacounseling@gmail.com	Level 1 & 2 English, Arabic, Spanish, Korean Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturdays Individual Therapy



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SOUTH COUNTY	
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Mauricio Cruz Y Celis, MFT, Inc. <i>Mauricio Cruz & Celis</i> 815 Third Avenue #315D Chula Vista, CA 91911 (619) 420-3439 mccdvip@hotmail.com	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday
San Diego Center for Family Therapy, Inc. <i>David Najera</i> 124 East 30 th Street #A1 National City, CA 91950 (619) 327-0315 (619) 327-0316	Level 2 Integrated Level 3 Dual Track Program Spanish Men's Groups & Women's Groups Daytime, Evening, Weekends
Safe Solutions- VMR Therapy, Inc. <i>Vanessa Rodriguez, Psy.D., MFT</i> 3130 Bonita Rd Suite 207 Chula Vista, CA 91910 (619) 636-0909 Vanessa@mysafesolutions.com DrV@VMRtherapy.com	Level 2 Integrated Spanish Men's Groups & Women's Groups Daytime, Evening, Weekends Individual Therapy

All agencies use a fee scale and fees usually range between \$10 – \$85 per weekly group session. If a client is indigent, the court will consider ordering a \$5 indigent spot. Agencies will confirm the need for indigent spots and will provide one if/when a spot is available in their respective programs, until client is more financially stable.

Enrollment fees vary as well. Please contact respective agencies for details.