

## Ways to Reduce Air Pollution at Home



- Avoid using aerosol sprays**
- Use water-based paints & solvents**
- Keep paints, containers of chemicals, solvents & cleaning products tightly sealed**
- Use energy-efficient lighting & appliances**
- Set your heater to 68° & air conditioner to 78°**
- Install solar panels & use the sun's energy**

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