



COUNTY OF SAN DIEGO
VOLUNTEER REPORT FORM
PERIOD JULY 1, 2025 - JUNE 30, 2026
Deadline: August 17, 2026

1. DEPARTMENT INFORMATION:

Department:	IHSS Public Authority
Division/Unit:	

2. VOLUNTEER PROGRAM BENEFITS:

- a. GENERAL VOLUNTEERS (this section should include community volunteer, student intern, groups, corporations, etc.)

No. of Volunteers: 2	Hours: 160	x \$41.75	= \$6,680
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Types of work performed by GENERAL VOLUNTEERS in this category:

- Research on in home caregivers, burnout, and health and wellness metrics
- Development, implementation, and analysis of survey of 5,600 IHSS caregivers
- Design of wellness program for caregivers (including determination of content for classes, marketing, coordination with instructors, etc.)
- Setting up logistics for classes (monitoring online registration, answering calls from caregivers, creating post class survey, etc.)

- b. INSTITUTIONAL VOLUNTEERS (this section should include honor camp inmates, PIC/RETC, GAIN, etc.)

No. of Volunteers:	Hours:	x \$41.75	= \$
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Types of work performed by INSTITUTIONAL VOLUNTEERS in this category:



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- c. SPECIALIZED VOLUNTEERS (this section should include utilization of Special Volunteers in positions requiring specific skills and/or expertise levels, for example, an attorney, physician, sports figure or celebrity). These specialized positions have verifiable compensation levels (VCL). If you have such a volunteer, please indicate the position, hours and compensation level below.)

Position	Hours	x	VCL	=	Dollar Benefit

No. of Volunteers: Total Hours: Total Value: = \$

Types of work performed by SPECIALIZED VOLUNTEERS in this category:

- d. TOTALS OF DEPARTMENT VOLUNTEERS (from above):

	No. of Volunteers	Hours	Dollar Benefit
2a.	2	160	\$6680
2b.			
2c.			
Total Volunteers	2	Total Hours	160
		Total Value	\$6,680



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3. DONATIONS TO VOLUNTEER PROGRAM:

Please list all donations to the department's Volunteer Program including monetary donations and tangible/intangible items. Items such as computers, airtime, transportation, books, etc. Please assign fair market value to each and add to the total value of the donations section.

Item Donated:	None	Value:	
Item Donated:		Value:	
Item Donated:		Value:	
Item Donated:		Value:	
Item Donated:		Value:	

Total Value: \$0

4. VOLUNTEER PROGRAM COSTS:

- a. Cost of direct supervision of volunteers (total hours of direct supervision times hourly rate of staff person(s) directly supervising program volunteers.

Hours: 70	x	Rate: 37.07	=	\$2,594
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- b. Cost of program coordination (total hours of program coordination times hourly rate of coordinator(s). This section should include coordination of staff, compiling statistics, job description preparation, volunteer placements and recognition, etc.

Hours: 80	x	Rate: 65.08	=	\$5,206
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- c. Other program costs (volunteer training materials/supplies, recognition costs, etc.):

<u>Item</u>	<u>Cost</u>

TOTAL OF OTHER PROGRAM COSTS \$0



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d. **TOTAL OF VOLUNTEER PROGRAM COST**
(Sum of 4a, 4b and 4c)

\$7,800

5. NET BENEFIT TO DEPARTMENT FROM VOLUNTEER PROGRAM:

- a. Total Dollar Benefits of Volunteers, Item 2d (Page 2) \$6,680
- b. Total of Donations to Volunteer Program, Item 3 (Page 2) \$0
- c. Subtract Total of Volunteer Program Costs, Item 4d (Page 3) \$-7,800

TOTAL PROGRAM BENEFIT

\$-1,120

6. RECRUITING:

Please describe your recruiting programs:

These volunteer – student interns were recruited and onboarded as part of the HHSA Academic Internship Program pilot, which the Agency coordinated in partnership with SDSU, as a product of the Live Well Center for Innovation and Leadership.

7. SPECIAL VOLUNTEER PROGRAM ACTIVITIES/ACHIEVEMENTS:

Please describe any special activities and/or achievements your program was involved in during the period of this report:

The volunteer student interns assisted the Public Authority to successfully provide for the first time ever, a wellness program for IHSS caregivers. Six classes were conducted in June 2026 with extremely high satisfaction ratings being reported from attendees.



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8. VOLUNTEER PROGRAM GOALS FOR FISCAL YEAR 2024 -25:

Please describe your program goals. Include activities, number of volunteers, recruitment, training, recognition and other goals:

Goals for FY26/27, as opposed to FY24/25 as listed in the title above, include plans to engage the assistance from a student intern volunteer for a period of sixteen weeks (corresponding with SDSU semester).

The volunteer will work with a member of the Public Authority staff to continue our efforts in the wellness for caregivers space. The work will entail designing a similar program as what was set up in the Spring with the former volunteers, although the goal will be to add new content to the offerings, provide classes in a different area of the county than previously, provide classes virtually, and offer a minimum of twelve classes (as compared with the six that were offered in the pilot project that the volunteers assisted with). The volunteer will be expected to work on a final report with the assistance of the Public Authority staff.

9. GENERAL INFORMATION:

Name of Person Completing Report:	Meredith McCarthy		
Phone Number:	(619) 731-3703	Mail Stop:	W-256
Email:	Meredith.McCarthy@sdcounty.ca.gov		

Volunteer Coordinator:	Same as above		
Phone Number:		Mail Stop:	
Email:			

10. DEPARTMENT CERTIFICATION:

DEPARTMENT HEAD SIGNATURE

August 12, 2026

DATE