
Your foster child's health exam will include:

- A growth, developmental and health history.
- A head-to-toe physical exam.
- A record of height and weight.
- A review of nutrition and eating habits.
- A dental screening and a referral to a Denti-Cal dentist.
- Hearing and vision testing.
- Necessary immunizations against diseases such as polio, measles, rubella, mumps, tetanus, diphtheria, whooping cough, meningitis, chicken pox and hepatitis.
- Blood and urine tests.
- A tuberculosis (TB) test.
- An explanation of the results of the checkup.
- Answers to your questions.

If the exam or tests show a need for further diagnosis and treatment, it is important to follow the advice you are given.

Necessary treatment will be provided at no-cost as long as your foster child is covered by Medi-Cal.

Do you have questions?

If you have questions or concerns about the exam your foster child received

or

if you need assistance finding a doctor or dentist in your area who will accept Medi-Cal/Denti-Cal, call:

**CHDP
Foster Care
1-800-675-2229**



County of San Diego,
Health and Human Services Agency,
CHDP Program
3851 Rosecrans, Suite 522
San Diego, CA 92110-3115

Health Exams



For
Children
In
Foster Care

Child Health and Disability
Prevention Program

Foster Care Health Exams

Foster children need good health care.

Regular health exams are an important part of the care you give your foster child.

Often, foster children have had little or no health care. They may have more health problems than other children.



They may have problems you cannot see.

A health problem found and treated early is easier to correct, may prevent serious problems later

on, and saves money on medical costs.

The CHDP Program

The Child Health and Disability Prevention (CHDP) Program provides health exams for children to find and correct health problems early in life. These health and dental checkups are given at no cost to you because your foster child is covered by Medi-Cal.



Frequent exams are important.

Because foster children need good health care, the Medi-Cal program will pay for frequent exams. Take your child for a checkup at each of the following ages:

Six exams are needed during the first year of life:

- Under 1 month
- 1-2 months
- 3-4 months
- 5-6 months
- 7-9 months
- 10-12 months

Two exams are needed during the second year of life:

- 13-15 months
- 16-23 months

One exam is needed every year between the ages of 2 and 19 years.

Call now for an appointment.

The child's own doctor is the best person to give the health exam.

For an appointment, call:

- The child's doctor or dentist.
(*must accept Medi-Cal/Denti-Cal*)
- A CHDP provider.
(*call 1-800-675-2229*)
- A nearby clinic or health center that may accept Medi-Cal.

Remember to bring.....

- Medi-Cal card (BIC)
- Authorization for medical care
- Health and Education Passport
- Immunization (shot) records
- List of questions and concerns

“Let's see that smile!”

- Children on Medi-Cal/Denti-Cal may see a dentist at age one.
- Children in foster care should receive a regular dental exam every six months.

