



San Diego County Probation Department

Post Office Box 23597 • San Diego, California 92193-3597
www.sandiegocounty.gov/probation



Adolfo Gonzales, Chief Probation Officer

San Diego County Domestic Violence Treatment Providers Certified Program Listing

Revised: 07/22/2020

Instructions to Probationers:

- You have been ordered by the Court to complete a 52 -week program for domestic violence intervention and counseling.
- You have been given a date to return to Court and provide proof that you have enrolled in one of the certified programs.
- **The only programs presently certified, which will satisfy this requirement are on the attached lists. If you attend a program not on this list, you will not receive credit.**
- You must call the program of your choice to schedule an initial interview. They will schedule your interview within three weeks from the date you contact them. The program will give you any additional information you may need, e.g. locations, costs, and times of meetings. You must bring the indicated fee amount with you to your initial interview. The total cost may vary from program to program. Each program can advise you what the charge is for each weekly session and whether payment plans are available.
- The Court does not consider the program completed until you have successfully attended all sessions and you have paid your bill in full.
- Failure to enroll in or complete one of these programs may result in revocation of probation and could subject you to time in jail. These programs will report your success or failure in the counseling directly to the Probation Officer and /or the Court which has issued the order for you to attend.

CENTRAL SAN DIEGO	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
A Better Way to Communicate 2515 Camino Del Rio South #215, San Diego, CA 92108 (619) 985-5392 abetterwaytocommunicate@outlook.com	Level 1 & 2 Men's Groups & Women's Groups Weekdays Daytime and Evening
A Center for Change <i>Ruth Shepersky, (760) 583-6698</i> 2725 Congress Street, Suite 2-B San Diego, CA 92110 (619) 299-7884 Acenter4change@outlook.com	Level 1 & 2 Spanish, English Men's Groups & Women's Groups Monday – Saturday Morning and Evening Individual Therapy
Center for Mindful Relationships <i>Laura Carr</i> 2333 First Avenue #204 San Diego, CA 92101 (619) 685-0041 (619) 685-0042 www.CFMRSanDiego.com	Men's Groups Weekdays Individual Therapy
Coastal Counseling Services 120 B Avenue Coronado, CA 92118 (619) 737-9118 (619) 923-2424 aschmidtmt@yahoo.com	Men's Groups & Women's Groups Individual Therapy

CENTRAL SAN DIEGO	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
<p>Connections to Change <i>Jeanne Wilcox, LMFT</i> 3435 Camino Del Rio South #219 San Diego, CA 92108 (619) 246-5611 (619) 566-4284 jwilcoxlmft@gmail.com</p>	<p>Men's Groups & Women's Groups Daytime and Evening</p>
<p>Corrigan & Associates <i>Larry Corrigan</i> 8340 Clairemont Mesa Blvd. #101 San Diego, CA 92111 (858) 565-8303 (858) 565-0630</p>	<p>Men's Groups Daytime and Evening Individual Therapy</p>
<p>Domestic Violence Recovery <i>Linda Griffin</i> 964 Fifth Avenue #328 San Diego, CA 92101 (619) 544-1453 (619) 544-1454 linda@domesticviolencerecovery.net</p>	<p>Men's Groups & Women's Groups Daytime and Evening</p>
<p>Institute for Counseling <i>Michele Koonin</i> 2725 Congress Street #2C San Diego, CA 92110 (619) 688-1035 (619) 688-1098</p>	<p>Spanish Men's Groups & Women's Groups Daytime, Evening and Saturdays Individual Therapy</p>
<p>Institute for Counseling <i>Michele Koonin</i> 3737 Camino del Rio South #110 San Diego, CA 92108 (619) 818-3956 (619) 947-6273</p>	<p>Men's Groups Daytime and Evening</p>
<p>The San Diego LGBT Community Center <i>Kurt Buis, L Tuiletufuga or Jacqueline Gomez</i> 3909 Center Street San Diego, CA 92103 (619) 692-2077 www.thecentersd.org</p>	<p>Men's Groups & Women's Groups Transgender & Non-Binary Groups All Genders Survivors Groups Weekdays Individual Therapy</p>
<p>Munn & Associates <i>Monica Munn, Psy.D. & EdD., LMFT, RN-BC</i> 4683 Mercury Street, Suite E San Diego, CA 92111 (858) 384-6042</p>	<p>Men's Groups & Women's Groups Daytime, Evenings and Weekends Individual Therapy</p>
<p>Reflections Counseling <i>Demar Young</i> 8880 Rio San Diego Dr Suite 800 San Diego, CA 92108 (619) 335-8106 (951) 394-1940 dyoung@reflections-sd.com</p>	<p><i>Level 1</i> <i>Men's Groups & Women's Groups</i> <i>Weekdays, Evening,</i> <i>Saturdays</i></p>

***NOTE: All agencies provide the basic Level 1 program. Level 2 Integrated Programs and Level 3 Dual Track Programs include a substance abuse treatment component.**



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<u>Program Name & Contact Information</u>	<u>Program Details</u>
Urban Restoration Counseling Center 1913 Euclid Ave., Suite #108 San Diego, CA 92105 (619) 648-1158 dvrt@urbanrestorationcounseling.org	English & Spanish Men's Groups, Women's Groups, & LGBT Groups Weekdays, Sunday, Morning, Evening

EAST COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
Center for Mindful Relationships <i>Laura Carr</i> 127 Lexington Ave El Cajon, CA 92020 (619) 685-0041 (619) 685-0042 www.CFMRSanDiego.com	Men's Groups Weekdays Individual Therapy
Family Focus Counseling & Pastoral Care <i>John Southward</i> 990 Naranca Ave El Cajon, CA 92021 (619) 997-1777 (619) 440-4205	Men's Groups & Women's Groups Evening and Saturday
La Mesa Counseling Julie Hayden, Psy.D. 8058 La Mesa Blvd La Mesa, CA 91942 (619) 463-9742 (619) 463-2522 lamesacounseling@gmail.com	Level 1 & 2 English, Arabic, Spanish, Korean Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturdays Individual Therapy
La Mesa Counseling <i>Julie Hayden, Psy.D.</i> 13176 Mapleview Street Lakeside, CA 92040 (619) 463-9742 (619) 463-2522 lamesacounseling@gmail.com	English, Arabic, Spanish, Korean Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturdays Individual Therapy
License to Freedom <i>Dilkhwaz Ahmed, Navid Zamani, LMFT</i> 131 Avocado Avenue El Cajon, CA 92020 (619) 401-2800 (619) 447-5761	Arabic, Kurdish and Farsi Men's Groups & Women's Groups Evening Individual Therapy

EAST COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
<p>Safe Solutions- VMR Therapy, Inc. <i>Vanessa Rodriguez, Psy.D., MFT</i> 1283 E. Main Street, Ste 209 El Cajon, CA 92021 (619) 636-0909 Vanessa@mysafesolutions.com DrV@VMRtherapy.com</p>	<p>Level 2 Integrated Men's Groups & Women's Groups Daytime, Evening Individual Therapy</p>
<p>San Diego Center for Family Therapy, Inc <i>David Najera</i> 7735 Pacific Ave. Lemon Grove, CA 91945 (619) 741-0624 (619) 741-0625</p>	<p>Spanish Men's Groups Evening, Saturday</p>
<p>Southern Indian Health Council 36350 Church Rd. Campo, CA 91906 (619) 445-1188 ext. 206 (619) 659-3134</p>	<p>Men's Groups Daytime</p>

NORTH COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
<p>A Balanced Communication (ABC) <i>Nikoo Sadatrafieei, PsyD, LMFT, LAADC</i> 731 Hwy 101 Suite #1E Solana Beach, CA 92075 (619) 947-5514 Abalancedcommunication@gmail.com</p>	<p>Level 1 & 2 Men's Groups & Women's Groups Weekdays, Daytime, and Evening Individual Therapy</p>
<p>Institute for Counseling <i>Michele Koonin</i> 702 Civic Center Drive #111 Oceanside, CA 92054 (619) 688-1035 (619) 818-3956 michelekoonin@gmail.com or jhtherapeutic@cox.net</p>	<p>Men's Groups & Women's Groups Daytime, Evening, Saturday</p>
<p>Institute for Counseling <i>Beatriz Cruz</i> 145 S. Fig Street, Suite H Escondido, CA 92025 (760) 741-2330 (760) 741-2325</p>	<p>Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday</p>

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<u>Program Name & Contact Information</u>	<u>Program Details</u>
La Mesa Counseling, North County <i>Julie Hayden, Psy.D.</i> 14168 Poway Rd, Ste 204 Poway, CA 92064 (619) 463-9742 (619) 463-2522 latesacounseling@gmail.com	Level 1 & 2 Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturday Individual Therapy
North County Lifeline Community Services <i>Alberta Saavedra</i> 200 Michigan Avenue Vista, CA 92084 (760) 842-6244 (760) 726-6102	Level 2 Integrated Program Spanish Men's Groups Evening
Pacific Coast Counseling <i>Randi Devine</i> 2111 S. El Camino Real Suite 300 Oceanside, CA 92054 (760) 439-1124 (760) 547-5537 pacificcoastcounseling@hotmail.com	Level 2 Integrated Program Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday Individual Therapy
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 1002 E. Grand Avenue Escondido, CA 92025 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Level 3 Dual Track Program Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 945 Vale Terrace Drive Vista, CA 92083 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 12439 Poway Road, Ste. B Poway, CA 92064 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday
Palomar Family Counseling Service, Inc. <i>Sheilamarie Racicot</i> 120 W. Hawthorne Street Fallbrook, CA 92028 (760) 741-2660 (760) 741-2647 sracicot@pfcs.agency	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday

NORTH COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
Todd D. Pizitz, Ph.D <i>Shay Groenewold M.A.</i> 440 S. Melrose Drive Suite 250 Vista, CA 92081 (760) 842-1103 (760) 842-1173	Level 3 Dual Track Programs Men's Groups Daytime, Evening
Women's Resource Center <i>Jill Morgan</i> 1963 Apple Street Oceanside, CA 92054 (760) 757-3500 (760) 757-0680	Men's Groups & Women's Groups Daytime, Evening, Saturday

SOUTH COUNTY	
<u>Program Name & Contact Information</u>	<u>Program Details</u>
Coastal Counseling Svc 120 B Avenue Coronado, CA 92118 (619) 737-9118 (619) 923-2424 aschmidtmt@yahoo.com	Men's Groups & Women's Groups Individual Therapy
Connections to Change <i>Jeanne Wilcox, LMFT</i> 333 H Street Suite 5000 Chula Vista, CA 91910 (619) 246-5611 (619) 566-4284 jwilcoxlmft@gmail.com	Men's Groups & Women's Groups Daytime, Evening Individual Therapy
Family Focus Counseling & Pastoral Care <i>John Southward</i> 2460 Palm Ave San Diego, CA 92154 (619) 997-1777 (619) 440-4205	Men's Groups & Women's Groups Evening, Saturday
La Mesa Counseling, South <i>Julie Hayden, Psy.D.</i> 230 Glover Avenue #G Chula Vista, CA 91910 (619) 463-9742 (619) 463-2522 lamesacounseling@gmail.com	Level 1 & 2 English, Arabic, Spanish, Korean Men's Groups & Women's Groups Weekdays, Morning, Evening, Saturdays Individual Therapy
Mauricio Cruz Y Celis, MFT, Inc. <i>Maruicio Cruz & Celis</i> 815 Third Avenue #315D Chula Vista, CA 91911 (619) 420-3439 mccdvp@hotmail.com	Spanish Men's Groups & Women's Groups Daytime, Evening, Saturday

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<p>San Diego Center for Family Therapy, Inc. <i>David Najera</i> 124 East 30th Street #A1 National City, CA 91950 (619) 327-0315 (619) 327-0316</p>	<p>Level 2 Integrated Level 3 Dual Track Program Spanish Men's Groups & Women's Groups Daytime, Evening, Weekends</p>
<p>Safe Solutions- VMR Therapy, Inc. <i>Vanessa Rodriguez, Psy.D., MFT</i> 5012 Central Ave. Suite F Bonita, CA 91902 (619) 636-0909 Vanessa@mysafesolutions.com DrV@VMRtherapy.com</p>	<p>Level 2 Integrated Men's Groups & Women's Groups Daytime, Evening Individual Therapy</p>